

Preparation for G42 - Labels

This session has minimal preparation, but would be enhanced by spending some time during the next two weeks considering the issue we will be discussing.

We all carry with us many labels that tend to define who we are.

- Our labels may include our relationships: friend, parent, sister.
- Our labels may include things we do with our time: artist, minister, programmer.
- Our labels may include attitudes: pessimist, conservative, forward-thinker.

Over the next few weeks, think about all of the labels you carry, and how you feel about each of them.