

Preparation For Session G96 – Spirit of Place

There are places which seem to have a spirit that can reach out and touch a spirit within us. These places may be of a quiet or meditative nature such as a church, a library, or a garden. They may be places that are more boisterous or chaotic like a sports arena, a train station, or a crashing waterfall. Either way it is important and often vital that we connect with these spirits for they give us insight and help to make us whole.

1. Are there any places you have been where you have felt that there was a spirit “minding” that place? Describe your feelings and images of that place.
2. Do you have a place where you go to replenish your own spirit? If there are other people there, do you have a sense that their spirits, too, are being replenished or are these others' spirits what is replenishing you?
3. Do places that hold a spirit just happen, or can people deliberately create a place and a spirit to inhabit it?
4. Can you think of a place where you have felt a spirit at some times and not at others? If so, why do you think that happened?
5. Do you think that there are places where there is a spirit that some can call forth while others cannot? Why?