

Preparation for Session G97 – Forever Young

The innocence of the child is his wisdom, the simplicity of the child is his egolessness. The freshness of the child is the freshness of your consciousness, which never becomes old, which always remains young. - Osho

1. What comes to mind when you hear the words “young at heart” or “childlike”?
2. Did you feel childlike when you were a child?
3. How young at heart do you feel right now? How has that feeling changed over the years?
4. How do you display a childlike spirit now? When do you feel permission to act like a child?
5. What have children taught you about life? What is an important lesson you’ve learned from a child?