

Preparation For Session G99 - Passion

There are times in life when we experience strong passion. Sometimes it is manifested in something that we do or say and sometimes it is something that we witness in others. The dictionary defines passion as both “the emotions as distinguished from reason” and “intense, driving, or overmastering feeling or conviction”

1. Think of a time when you were moved to action or speech by some internal passion. Did your reaction surprise you or do you think it was in character with the way you view yourself?
2. Do you feel that passion and reason battle within you or do they mesh harmoniously? Do you prefer one to the other?
3. Has your passion for something allowed you to overcome what in other circumstances would have been an obstacle?
4. Have you ever later regretted words spoken or actions taken due to one of your passions? Do you think you would act or speak the same if the circumstance arose again?
5. Have you ever experienced a passionate reaction due to someone else's passionate words or actions?