

Preparation for G116 - Sit It Out or Dance?

"If you have the chance to sit it out or dance, I hope you dance."

This line from a song sung by Lee Ann Womack expresses a sentiment that most of us would probably heartily endorse. The kind of zest for living exemplified by Zorba the Greek holds a great attraction. If only we all could approach life with such unabashed ebullience, how splendid that would be. But, alas, many of us fall far short. So many restrictions-most self-imposed-hold us back. And Unitarians can often be so intellectual that passion for living seems "unsightly." But if we strive to be "in harmony with the divine," to what extent should we be joining "the dance"?

Consider the questions below. At our next meeting, you'll be invited to share your answers to two or three of them.

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1. Do you consider yourself a risk-taker? Why or why not?
2. Describe an incident that took real courage for you. How did you feel about having done it? Would you do it or something similar again?
3. When could you have "danced" but chose not to? Was it a wise decision? What do you think would have happened if you had?
4. How do you feel about people who throw themselves into life with abandon, sometimes even at risk of making a fool of themselves ?
5. When you are asked to join in a dance as part of the Sunday service, what do you usually do? How do you think your participation, or lack there of, influences you and the congregation as a whole?
6. To what extent are you influenced by what others think? Are you comfortable with your position