



SMALL GROUP MINISTRY

FIRST UNITARIAN CHURCH
OF SAN JOSE

Powerful Beyond Measure

The leader's fundamental act is to induce people to be aware or conscious of what they feel – to feel their true needs so strongly, to define their values so meaningfully, that they can be moved to purposeful action.

- *James MacGregor Burns, Leadership*

Be doers of the word, and not merely hearers.
Those who look into the perfect law, the law of liberty, and
persevere,
being not hearers and who forget
but doers who act - they will be
blessed in their doing.

--- *James I*

Preliminaries Announce upcoming church events; get volunteers to light chalice and do reading.

Opening / Chalice Lighting
- Hymnal #658
(read responsively)
To laugh is to risk appearing the fool.
To weep is to risk appearing sentimental.
To reach out for another is to risk exposing our true self.
To place our ideas-our dreams-before the crowd is to risk loss.

To love is to risk not being loved in returned.
To hope is to risk despair.

To try is to risk failure.
To Live is to risk dying.

Check-in Take a minute or two to share briefly the high and low points in your life since we last met.

Reading
--Marianne Williamson
Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves, "Who am I to be brilliant, gorgeous, talented, fabulous?" Actually, who are you not to be? Your playing small doesn't serve the world. There's nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We are born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

Sitting in Silence

Sharing/ Deep Listening

Discussion This is a time to supportively respond to something another person said or to relate additional thoughts that may have occurred as others shared.

Singing
Hymnal #348

Guide my feet while I run this race.
Guide my feet while I run this race.
Guide my feet while I run this race,
for I don't want to run this race in vain! (*race in vain!*)

Hold my hand ...
Stand by me ..
Search my heart ..

Extinguishing the Chalice (*Join hands or link arms and read together.*)

- v. Emil Gudmundson
(HymnL #693)

And now, may we have faith in life to do wise planting that the generations to come may reap even more abundantly than we. May we be bold in bringing to fruition the golden dreams of human kinship and justice. This we ask that the fields of promise become fields of reality.