

## Preparation for G374 – Boredom

1. What is your relationship with boredom?
2. What bores you?
3. What do you do when you are bored? What did you do when you were bored as a child? What has changed?
4. What are some anti-dotes for boredom?
5. How has technology changed your relationship with boredom?
6. Have you noticed a relationship between creativity and boredom in your life? Describe that relationship