



SMALL GROUP MINISTRY

FIRST UNITARIAN CHURCH
OF SAN JOSE

Serious Illness

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For 41 years
1,573 experts with
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Deep inside
I
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- Rachel Naomi Remen in Life Prayers



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Preliminaries Explain the situation to the group. Choose someone to read the opening and the next reading. Sharing is optional and only for the affected member.

Opening
- Hymnal #418 Come into the circle of love and justice.
Come into the community of mercy, holiness, and health.
Come and you shall know peace and joy.

Reading
- Jim Cohn in
Life Prayers You carry the cure within you.
Everything that comes your way is blessed.
The Creator gives you one more day.
Stand on the neck of Fearful Mind.

Member Sharing
(optional) Do not wait to open your heart.
Let yourself go into the Mystery.
Sometimes the threads have no weave.
The price of not loving yourself is high.

Holding in Silence **Leader:** [Name], would you like to share something about what has happened in your life?

Take a moment to hold the member in your thoughts.

Words of comfort

Everyone is invited to speak a word or sentence of comfort or encouragement.

Singing
- Hymnal #396
(sing 2 or 3 times)

I know this rose will open.
I know my fear will burn away.
I know my soul will unfurl its wings.
I know this rose will open.

Closing

- Hymnal #698 Form a circle around the member while you read the closing words:

May the courage of the early morning's dawning,
The strength of the eternal hills,
The peace of the evening's ending,
And the love of those around you
Support you on this journey.

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