

Notes to the Leader for Life Ritual 37 – Birthday

Intended Use

We give much to each other in the Small Group Ministries, so it's nice to have an opportunity to celebrate individual members. This ritual is one way to do that, though your group may want to develop a birthday ritual of its own. Do whatever is in keeping with the spirit of your group.

Two copies are printed on each 8 ½ x 11 sheet. You should cut the sheet in half and have copies ready in your notebook so they can be used when the need arises.

The ritual should take 15 to 20 minutes.

Ask Permission

It is important to have the approval of the Birthday Person. Painful memories, concerns about aging, health problems, current life difficulties, shyness, or other reasons may prevent someone from wanting to celebrate their birthday. The best course of action is to ask them first.