

Member Preparation for M18 - Metamorphosis

The next session will be the last time we meet together as a group. During this period, you are invited to think about what this group has meant to you.

1. Think about what unique gifts you have brought to the group. As part of the ritual, you will be asked to give a one-sentence description of what you brought.
2. Think about what you have gotten from the group. What gifts have you received, either from individuals or from the group as a whole?
3. Are there particular sessions that have meant a great deal to you?
4. Are there stories that others have told that have stuck with you, stories which resonate particularly well for you?
5. Change brings both something lost and something new. As the song says, “something’s lost, and something’s gained, by living every day.” What do you expect to miss most about the group as it has been constituted? What are you most looking forward to gaining?

Finally, please bring a flower to the meeting for the ritual.